



Cookery holiday in Umbria



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4 NIGHTS / 5 DAYS

- Two cookery classes each of 3 hours' duration
- Recipe booklet
- Meal follows each cookery lessons



This 4-night cookery holiday in Umbria includes cookery classes that are held at Villa di Monte Solare and are taken by the English-speaking chef, Nicola Fanfano, who cooks using mainly organic produce. The classes are hands-on with each of the maximum of 6 participants having their own work station. The emphasis is on explaining and instructing you in traditional cooking methods and regional dishes. Each of the two courses lasts approximately three hours and is followed by a meal together. You are provided with a recipe booklet. Also included are three dinners at the hotel and two wine tasting sessions. The Villa di Monte Solare is in the countryside near the village of Tavernelle di Panicale and a few miles south of Lake Trasimeno. Surrounded by undulating hills, woods, fields and olive groves, the Villa was the residence of a noble family and dates back to the 18th century. Today it is a small hotel of just 25 rooms and combines a charm and cosiness with high standards of service and comfort. Antique and traditional local furniture complete the picture of terracotta floors, murals and original fireplaces. Facilities at the hotel include two swimming pools for summer use, clay tennis court, spa and cycle hire. The hotel is about 2 hours' drive from Rome Fiumicino airport.

PRICES

The holiday operates on the following dates: 25 April 2021, 9 May 2021, 13 June 2021, 19 September 2021 but can also be arranged at any time for individuals.

This holiday can be operated for just 2 people with departures on a Sunday or Tuesday with the cookery lessons taking place on Mondays, Wednesdays or Fridays.

Price per person:

£1,860 when sharing a superior double or twin room.

Supplements per person:

£360 for a suite

£320 for single use of a classic room

(We can operate a version of the holiday for 2 people and not being part of the group, so with own hire-car, 4 nights, 2 dinners and 2 cookery lessons for £1,690 per person)

WHAT'S INCLUDED

- Scheduled flights with British Airways London Heathrow to Rome return, economy
- Mini-bus transfer from Rome airport to the hotel and back
- Transport by luxury mini-bus from Rome airport to the hotel and back
- Four nights' bed and breakfast in a Superior double room at the Villa di Monte Solare, at Tavernelle di Panicale
- Two dinners at the hotel
- Two cookery classes each of 3 hours' duration
- Concierge service and Expressions Holidays regional helpful hints

WHAT'S NOT INCLUDED

- Early check-in or late check-out at any hotels (although we can arrange this on request at additional cost)
- Any other services not mentioned above, such as transfers and meals except breakfast at hotels
- Personal holiday insurance. This is essential and cover should be in place from when you book the holiday.
- Local tourist tax, usually between Euros 1 and 3 per person per night, and payable locally to the hotel

CODE

ITFH17

Day one Arrive in Rome and transfer to Umbria

Depart from London Heathrow on the British Airways flight at 08.35 arriving in Rome Fiumicino at 12.05. (Flight times may vary according to departure date). You are met and transferred to the hotel Villa di Monte Solare. The journey time is about two hours. Once you have checked in, there is time to explore the villa and its grounds, perhaps enjoying a sandwich or tea and cakes before changing for dinner. Enjoy an aperitif and then you are served dinner (drinks not included).

Day two First cookery lesson

After breakfast your first cookery class starts at 10 am. This three-hour session is hands-on and provides an insight into the preparation of regional dishes as well as traditional cooking methods. At the end of the session, you share a meal together. Free time this afternoon to explore on your own or to relax at the hotel. Dinner is not included tonight.



Cookery at the Monte Solare

Day three Day at leisure

Today is a free day but if you have a hire-car with you it is worth visiting the famous wine town of Torgiano and the Lungarotti Wine Museum, one of the best in the world. There is also an olive oil museum to visit. Then you could continue Assisi, birthplace of St Francis, World Heritage Site and a symbol of peace or visit the nearby university city of Perugia. Dinner (without drinks) is included at the Villa di Monte Solare tonight.

Day four Second cookery lesson

The class this morning starts after breakfast at 10 am. Once again it is hands-on and will focus on yet more aspects of regional dishes and traditional Italian methods of cooking. A meal together follows the course. Spend the afternoon relaxing or perhaps walking in the nearby countryside. Own arrangements for dinner.

Day five Umbria to Rome and flight home

A leisurely breakfast and then some free time before a departure about midday in your luxury minibus for the journey of about two hours back to Rome Fiumicino airport for your flight to London Heathrow which departs at about 17.20 hrs.



Villa di Monte Solare

GENERAL INFORMATION

This tailor-made holiday is one of several holidays we can offer you exactly as it is but also with any alterations you might want including extra nights in one or more places or adding in extra places. Do call to discuss the options with our travel consultants.

Expressions

OUR HOLIDAYS

Our tailor-made holidays are suggestions which work well as they are or which can be adapted in numerous ways. They can be fly-drive (with flight and hire-car included), self-drive (with ferry or Eurotunnel included with your own car) or rail and hire-car.

FLEXIBLE ARRANGEMENTS

Our arrangements are very flexible in that you choose to travel on any day you want, subject to availability of your chosen transport and hotels. As mentioned above, additional nights can be added at any point.

OUR PRICES

The sample prices mentioned in this leaflet are generally a 'from' price based on the cheapest season of travel. However, train fares and hotel rates can change (up and down depending on offers), so we give you an accurate price for your holiday when we provide you with a quotation. Our sample prices should be used as an indication of how much a particular combination will cost and to show the differences on average between the hotel categories on offer.

BOOKING CONDITIONS

Our booking conditions apply to all holidays. A copy can be found on our website and a copy is also sent to you with a written quotation and when you make a booking.

FINANCIAL PROTECTION

Expressions Holidays offers full financial protection for all holidays you book with us. If your holiday includes a flight, the ATOL (3076) covers the costs of the holiday. If the holiday does not include a flight, it is the ABTOT bond that protects the cost of the holiday. We are also members of AITO (the Association of Independent Tour Operators).

Expressions Holidays
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HOW TO BOOK

To make a booking, just phone us on

01392 441250

and we can take you through the details we need and start the booking process.